

SUNDAY 6K - FINAL ALLOCATED WAVES



28TH JUNE 2026

LAST NAME	FIRST NAME	FINAL ALLOCATED WAVE	TEAM NAME
Allam	Isabella	13:20	
Allan	Stacey	12:40	The Good Ideas Club
Alvin	Marcus	13:00	Capsticks
Amesbury	Tracy	13:00	Fit Club York
Anderson	Fergus	13:00	BRIDGE6
Antosz	Paulina	13:00	Blue Ducks
Armstrong	Jessica	13:20	Ready to rumble
Armstrong	Meg	12:40	Cozmmittee
Armstrong	Rebecca	13:20	Ready to rumble
Aspinall	Manny	13:00	Vibe Tribe
Atkinson	Richard	13:20	The Mackems
Avison	Gail	13:00	Blue Beasts
Aylward	Nathan	12:40	Yorkshire pudding
Ayre	Karen	12:40	
Bagshaw	Joe	13:00	.
Bainborough	Joe	13:00	War Dogs (Pure Pet Food)
Baldwin	Will	12:40	Coach Danny Community
Balfour	Kane	12:40	Dirty PIDS
Ball	Chloe	12:40	Coach Danny Community
Banham	Sian	13:00	War Dogs (Pure Pet Food)
Barlow	Katie	13:00	CHAOS QUEENS
Barrett	Philippa	13:00	The Post Box Deli
Barrington	Frazer	13:20	
Barrington	Jacob	12:40	J ²
Barron	Billy	13:00	Healthier
Baugh	Adrian	13:20	
Baugh	Dez	13:20	
Baum	Francesca	13:20	
Baviskar	Rutuja	13:00	War Dogs (Pure Pet Food)
Beardsmore	Austin	13:20	
Beardsmore	Darren Richard	13:20	
Beardsmore	Rory	13:20	
Beddall	Lewis	13:00	Mum's Favourites
Beddall	Lydia	13:00	Mum's Favourites
Bennett	Emma	13:00	Rose & Reps
Bennett	Kerry	12:40	

Bentham	Laura	12:40	Team Haem
Bever	Rebecca	13:00	Vibe Tribe
Bibby	Claire	12:40	The Barking Bandits
Bidmead	Kate	12:40	HPS - running on regret
Binks	Jade	12:40	LCH
Binks	Rebecca	13:00	Clever Accounts
blakeley	macey	13:20	HD Team
Blakeston	Harvey	13:00	We thought it was a pub quiz.
Boland	Cheryl	12:40	Darlington Loco Ladies
Booth	Ellie	13:00	War Dogs (Pure Pet Food)
Boswell	Debbie	13:00	YDMTeam
Botkoveli	Laali	13:00	AlphaMoms
Bottomley	Tom	12:40	
Bould	Nicholas	12:40	Coach Danny Community
Bowyer	Rob	13:00	BRIDGE6
Boyce	Charlotte	13:00	Capsticks
Boyle	Luke	12:40	LoveOnTheSpectrum
Bozek	Iwona	12:40	Dirty and the Beast
Brannan	Matty	13:20	
Bridges	Adam	13:20	
Bridges	Amber	13:20	
Briggs	Alex	12:40	Coach Danny Community
Briggs	David	13:20	
Briggs	Jake	12:40	Coach Danny Community
Briggs	Tom	12:40	
Brooke	Jimmy	13:00	Clever Accounts
Brooks	Nadia	12:40	The Barking Bandits
Brooksbank	Hermione	13:00	BRIDGE6
Brown	Adam	13:20	The Mackems
Brown	Connor	13:20	The goonies
Brown	Emily	12:40	St Georges Crypt Warriors
Brown	Francesca	13:20	
Brown	Jordon	12:40	James' Merry Men
Brown	Laura	12:40	
Brown	Maddy	12:40	
Brown	Robyn	13:20	The Mackems
Brown	Vicky	13:00	Blue Beasts
Brunet	Seb	13:20	The Cathletes
Buck	Cadno	13:00	Blue Beasts
Buck	Elise	13:00	Blue Beasts
Buckley	Ben	13:00	Rise & Grind
Buckley	Victoria	13:00	Rise & Grind
Bunting	Richard	13:20	
Burke	Kevin'	13:20	

Burke	Sophie	12:40	Dirty Leeds
Burland	Claire	13:00	Midlife Mudness
Burns	Ellen	13:20	
Burns	Josh	13:20	
Butler	Cathy	13:00	Fit Club York
Butler	Robert	13:00	The Post Box Deli
Butterworth	Amy	13:00	The Post Box Deli
Butterworth	Paul	13:20	
Caldwell	Daniel	12:40	Toteally Warrior
Caldwell	Donna	12:40	Toteally Warrior
Camm	Law	12:40	Onion
Campbell	Christina	13:20	The Cathletes
Campbell	Kathleen	13:00	Blue Beasts
Cardis	Liz	13:00	Rose & Reps
Carling	Daniel	12:40	
Carter	Karl	13:20	The goonies
Cassell	Heather	12:40	Toteally Warrior
Cater	Eleanor	13:20	
Chadwick	Reece	12:40	Teknique Titans
Chandler	Jade	13:00	Blue Beasts
Chapman	Daniel	13:00	Tequila Slammers
Chapman	Micaela	13:00	Tequila Slammers
Charlesworth	Julia	13:00	Midlife Mudness
charlton	Iorna	13:20	The Cathletes
Cheatle	Aaron	13:20	
Chisholm	Nicol	12:40	St Georges Crypt Warriors
Clark	Emily	12:40	Dirty PIDS
Clarke	Amelia	12:40	Dartes
Clarkson	Elaine	13:00	Fit Club York
Clayton	Cameron	12:40	Coach Danny Community
Clegg	Malcolm	13:20	
Cliff	Sam	13:00	Cliffy's
Clifford	Peter	13:20	Ready to rumble
Coates	Nicky	13:00	The Post Box Deli
Cockroft	Mathew	13:00	War Dogs (Pure Pet Food)
Coe	Ethan	12:40	The Skidmarks
Coggill	Claire	13:20	
Colbourne	Savannah	12:40	The Barking Bandits
Collins	Charlotte	12:40	Total Worriers
Connor	David	13:00	DLC 60
Connor	Freddie	13:00	DLC 60
Connor	Gaynor	13:00	DLC 60
Connor	Gaynor	13:00	DLC 60
Connor	Joseph	13:00	DLC 60

Connor	Phoebe	13:00	DLC 60
Cook	Donella	12:40	Will Run 4 Snacks
Cooper	Alice	12:40	Coach Danny Community
Cooper	Millie	12:40	Coach Danny Community
Cooper	Sarah	13:00	Fit Club York
Corbett	John	12:40	The Barking Bandits
Corvin	Danny	12:40	Teknique Titans
Cosgrove	Emma	12:40	Teknique Titans
Cox	Brandon	13:00	.
Cox	Ethan	13:00	.
Cox	Helen	13:00	Blue Beasts
Critchley	Zan	13:20	
Crorken	Rachel	13:00	.
Cull	Jill	13:20	
Curry	Andrew	13:20	Ready to rumble
Curry	Archie	13:20	Ready to rumble
Curson	Gemma	12:40	unsociables
Curtis	Jack	13:00	War Dogs (Pure Pet Food)
Curtis Townsley	Curtis Townsley	13:20	
Cussons	Daniel	13:00	Ulleskelf Vikings
Dale	Simon	13:20	The Cathletes
Damiecka	Aga	12:40	DST
Davey	Matthew	13:20	
Davidson	AC	13:00	LAPT
Davies	Alex-James	12:40	Dirty Leeds
Davies	Holly	13:00	Capsticks
Davies	Joanna	13:00	BRIDGE6
Dearden-Simpson	Gracie	13:00	We run for snacks
Dearnley	Lucy	13:00	Vibe Tribe
Dennis	Sinead	13:20	
Dent	Kevin	12:40	
Dickinson	Donna	13:20	
Dixon	Lisa	13:20	
Dobson	Adam	12:40	
Doughty	Olivia	13:00	Vibe Tribe
Douglas	Carol	13:00	YDMTeam
Downs	Rachel	13:00	The Post Box Deli
Driscoll	Kris	12:40	
Driscoll	Olivia	12:40	
Driver	Kristen	12:40	Will Run 4 Snacks
Driver	Matt	12:40	M&M
Drury	Glenn	13:20	Our Name is Mud
Dugdale	Hannah	12:40	
Duncan	Michelle	13:20	Ready to rumble

Duree	Danielle	13:20	The Cathletes
Earnshaw	Isabelle	13:00	Vibe Tribe
Earnshaw	Niamh	13:00	Vibe Tribe
Edmond	Emily	13:00	.
Edwards	Billy	13:20	
Elstob	Louise	13:20	
Emmott	Karen	13:20	The Cathletes
Ethell	Holly	13:00	DLC 60
Ethell	Katie	13:00	DLC 60
Euesden	Angela	13:00	Addicks
Euesden	Eden	13:00	Addicks
Fairclough	Alan	12:40	We move to eat
Fairfax	Ben	12:40	The Quackers
Farrimond	Gianna	12:40	DST
Fenny	Katherine	13:00	Midlife Mudness
Field	Gemma	12:40	
field	grace	12:40	
field	Jack	13:20	
Field	Martin	13:20	
Finch	Katie	12:40	
Firth	Mia	12:40	HPS - running on regret
Fletcher	Anna	12:40	Will Run 4 Snacks
Foley	Kate	12:40	Team Haem
Forster	Johnstone	13:20	
Fox	Edward	12:40	Onion
Franks	Dawn	12:40	LCH
Frith	Rosanna	12:40	The Barking Bandits
Froggett	Maria	13:00	The Slayers 🐉
Frost	Alice	12:40	The Barking Bandits
Frost	Olivia	13:20	
Garlick	Kimberley	12:40	Cozmmittee
Garner	Joe	13:20	
Garner	Jonathan	13:20	
Garner	Sam	13:20	
Garvey	Hope	13:00	Sunday sweat & regret
Gavaghan	Lorna	13:20	
Gavin-Allen	Lily	13:00	LAPT
Geldard	Lindsey	12:40	unsociables
Geldard	Paul	12:40	unsociables
Gerrard	Dan	13:00	Blue Beasts
GERRARD	Gareth	12:40	
Giangrande	Enrico	13:00	Blue Ducks
Gibson	Darren	13:00	We run for snacks
Gibson	Kelly	13:00	We run for snacks

Gibson	Logan	12:40	Yorkshire pudding
Gill	Kal	13:20	
Gilpin	Christopher	13:00	Asmath Stirrs
Glen	Emma	13:00	ELG Fitness
Good	Arthur	13:20	
Goodwin	Steve	13:20	
Gorman	Nicola	12:40	Darlington Loco Ladies
Gossan	Willow	13:20	
grayburn	stuart	12:40	Dirty PIDS
Green	Dylan	12:40	Dartes
Green	Ellie	12:40	Dartes
Green	Emma	12:40	Dartes
Green	George	13:00	War Dogs (Pure Pet Food)
Green	Luca	12:40	
Green	Scott	12:40	
Greenwell	Ethan	13:00	Healthier
Greenwood	Brianna	13:20	
Greenwood	Gabrielle	13:20	
Grice	Rebecca	13:00	AlphaMoms
Grime	Toni	13:00	Vibe Tribe
Grimes	Lee	13:20	The Cathletes
Grimes	Lynsey	13:20	The Cathletes
Guthrie	Luis	13:00	Olam
Hackett	Grace	13:00	Mum's Favourites
Hall	Keane	13:00	Blue Beasts
hall	stephen	13:20	
Hallahan	Amy	12:40	LCH
Halliday	Andrew	12:40	Coach Danny Community
Hallsworth	Jordan	12:40	
Hammond	Lucy	13:00	YDMTeam
Hampshaw	Samuel	12:40	Coach Danny Community
Hampson	Zoe	13:00	Sunday sweat & regret
hanlon	sarah	13:20	
Hardman	Nicola	12:40	The Barking Bandits
Hargreaves	Jess	13:00	AlphaMoms
Harmsworth	Catherine	13:00	Blue Beasts
Harrison	Gemma	13:20	
Harrison	Samantha	12:40	We move to eat
Harrison	Wendy	13:00	Blue Beasts
Hartley	Beth	13:00	BRIDGE6
Hartley	David	13:00	BRIDGE6
Hartley	Emma	12:40	
Hartley	Rachel	13:00	BRIDGE6
Hartley	William	13:00	BRIDGE6

Harvey	Nikki	12:40	Harvey Hellraisers
Hashi	Khadija	12:40	Dirty PIDS
Hawley	Phil	13:00	Ulleskelf Vikings
Hayes	Nyah	12:40	
Heath	Tom	13:20	
Hickinson	Louise	13:00	The Post Box Deli
Higgins	Jack	13:00	War Dogs (Pure Pet Food)
Higham	Faith	13:20	
Higham	James	13:20	
Hill	Chris	13:00	Fit Club York
Hill	Victoria	12:40	
Hilton	Chris	12:40	We move to eat
Hinchliffe	Jennie	13:00	The Post Box Deli
Hinley	Kirsty	13:20	
Hinley	Seb	13:20	
Ho	Paula	13:20	
hodgson	Sarah	13:00	YDMTeam
Hodgson	Will	13:00	The Post Box Deli
Holden	Rickie	13:00	Tequila Slammers
Holden	Sam	13:00	Tequila Slammers
Holderness	Daniel	12:40	Coach Danny Community
Holderness	Ellie	12:40	Coach Danny Community
Hollifield	tracy	13:20	
Hollingshead	Ryan	13:00	War Dogs (Pure Pet Food)
Holme	Esmé	13:00	YDMTeam
Holmes	Lachlan	12:40	LA Formwork
Holmes	Louise	13:20	Totally got this
Hookham	Joe	13:20	Our Name is Mud
Hore	Richard	13:00	YDMTeam
Hotham	Natasha	12:40	Dirty PIDS
Houseman	Catherine	12:40	
Howard	Chloe	13:00	The Idiots
howard	jenny	12:40	The Barking Bandits
Howard	Tabitha	13:00	The Idiots
Howdle	Ian	12:40	
Hughes	Caroline	13:20	
Hughes	Hazel	13:00	Blue Beasts
Hughes	Mollie	13:20	
Hughes-Narborou	James	13:00	YDMTeam
Hunter	Karl	13:00	Blue Beasts
Hussan	Alan	13:00	Blue Beasts
Hussan	Gayle	13:00	Blue Beasts
Hutchinson	Serena	12:40	James' Merry Men
Hyland	Caroline	13:00	The Post Box Deli

Ingham	Andrew	13:00	Asmath Stirrs
Ingham	Emily	13:20	
Ingham	Nick	13:20	
Ireland-Jones	Naomi	13:20	
Jackson	Kieran	13:20	
Jackson	Mark	13:00	The Post Box Deli
Jackson	Rebekah	12:40	The Barking Bandits
Jackson	Sara	13:20	
Jamieson	Kirsty	12:40	HPS - running on regret
Javkson	Tracy	13:20	
Jenner	Terry	13:20	
Jephson	Jade	13:00	Blue Beasts
Johnson	Candice	12:40	
Johnson	Katie	13:00	The Post Box Deli
Johnston	Christine	13:20	
Johnston	Paula	12:40	Will Run 4 Snacks
Jones	Ceridwen	12:40	
Jones	James	12:40	unsociables
Jones	Michelle	12:40	M&M
Jones	Rebecca	13:00	War Dogs (Pure Pet Food)
Jones	Ryan	12:40	Coach Danny Community
Kelly	Frankie	13:00	Cliffy's
Kenny	Reece	12:40	Dirty Leeds
Keogh	Lucy	12:40	We move to eat
Khan	Jessica	13:00	Capsticks
Kimberley	Ben	12:40	
Kimberley	Michael	12:40	
King	Emily	13:00	Vibe Tribe
King	Henry	13:00	HuddsHellhounds
King	Max	13:00	HuddsHellhounds
King	Tom	13:00	Vibe Tribe
Kirby	Alice	13:20	
Kirk	Samantha	12:40	
Knox	Dawn	13:20	
Koukash	Alia	12:40	Teknique Titans
Kponor	Patrick	13:20	
Lacey	Cheryl	13:20	
Lagowski	Mark	12:40	St Georges Crypt Warriors
Lane	Saskia	13:20	
Lapsa	Eliza	12:40	Dirty PIDS
Lavery	Jayne	13:00	Blue Beasts
Lazenby	Ross	13:20	
Ledger	Sophie	13:00	We thought it was a pub quiz.
Lee	Greg	13:00	Ulleskelf Vikings

Lee	Jessica	12:40	Team Haem
Leech	Katherine	12:40	We move to eat
LEUNG	CHI FAI	13:20	
Lewis	Jolene	13:00	Fit Club York
Lilley	Katy	13:00	The Slayers 🐾
Littlewood	Shannon	13:00	War Dogs (Pure Pet Food)
Livett	Elspeth	13:00	Capsticks
Lloyd	Andrew	13:20	
Lockie	Shaun	13:20	
Lockwood	Jordan	13:20	
Lomax	Aaron	13:00	Rise & Grind
Lomax	Oksana	13:00	Rise & Grind
Longoni	Matteo	12:40	Yorkshire pudding
Lord	Richard	13:20	
Lord	Roger	12:40	Coach Danny Community
Lunney	Shayne	13:00	Healthier
Lynch	Neve	13:00	Clever Accounts
Lyon	Annie	12:40	The Good Ideas Club
Mackie	Alisha	13:20	Ready to rumble
Mackie	Dean	13:20	Ready to rumble
Mackie	Steven	13:20	
Mallaburn	Stuart	13:20	Ready to rumble
Mallon	Claire	13:20	
Mallon	Sean	13:20	
Mann	Kiran	13:00	Clever Accounts
Marks	Dean	12:40	The Barking Bandits
Marshall	Debbie	13:20	Ready to rumble
Martell	Dave	12:40	
Mattimore	Ewan	13:20	
McArthur	Sian	12:40	Foundation MA 6k
McAuley	Charlie	13:00	Clever Accounts
Mccabe	Erica	13:20	
McDonald	John	13:00	Asmath Stirrs
McGrath	Nic	12:40	We move to eat
McInnes	Kelsie	12:40	Darlington Loco Ladies
Mckenning	Dan	12:40	
McLean	Jessica	12:40	The Quackers
McLean	Samantha	12:40	The Quackers
Mcloghlin	Josh	13:00	Healthier
Mcmann	Karl	13:20	
McNeven	David	12:40	Total Worriers
McNiven	Joanne	12:40	Total Worriers
Mechan	Jodie	13:00	Blue Beasts
Medd	Rebecca	13:20	

Mellor	Alan	12:40	We move to eat
Mellors	Ryan	12:40	Dirty PIDS
Merriman	Andrew	12:40	Coach Danny Community
Merriman	Luke	12:40	Coach Danny Community
Middleton	Jacob	13:20	
Middleton	James	13:20	
Middleton	Polly	13:20	
Miller	Kate	12:40	Will Run 4 Snacks
Milnes	Emma	13:00	Clever Accounts
Mitchell	Joe	13:00	War Dogs (Pure Pet Food)
Moccia	Antonio	13:00	Blue Ducks
Monks	Caitlin	12:40	LoveOnTheSpectrum
Montgomery	Ashlea	12:40	The Skidmarks
Montoro	ARABELLA	12:40	The Shannon's
Montoro	Daniel	12:40	The Shannon's
Moor	Kelly	12:40	Darlington Loco Ladies
Moore	Daniel	13:20	
Moore	Freya	13:00	Capsticks
Moore	Jasmine	12:40	J ²
Moore	Katie	13:20	
Morelli	Jacopo	13:20	
Moriarty	Kerri-Leigh	13:00	Vibe Tribe
Moriarty	Stacey	13:00	Vibe Tribe
Morris	Shania	13:00	Sunday sweat & regret
Morse	Jack	12:40	Maccers
Morse	Scott	12:40	Maccers
Moule	William	13:00	Clever Accounts
Murchison	Maisie	12:40	The Barking Bandits
murphy	scott	13:20	The Mackems
Murray	Karen	12:40	
Murray-Ross	Zoe	12:40	The Good Ideas Club
murrell	lee	12:40	Dirty PIDS
Myers	Claire	13:20	
Myers	Paul	13:20	
Mylchreest	EM	12:40	The Shannon's
Nascimento	Miguel	13:00	Blue Ducks
Nastarowicz	Bartosz	12:40	LA Formwork
Neil	Amy	13:20	
Newby	Leye	13:20	
Newitt	Sam	13:20	
Newitt	Wayne	13:20	
Noble	Thomas	13:20	
Norcliffe	Ellie	13:00	Vibe Tribe
Norcliffe	Suzanne	13:00	Vibe Tribe

Obleada	Josh	13:00	Jolly
Onions	Emily	13:00	Clever Accounts
Openshaw	Jack	13:00	Healthier
Openshaw	Lewis	13:00	Healthier
Openshaw	Sean	13:00	Healthier
Pallister	Charlotte	12:40	Team Haem
Parfitt	Luke	12:40	
Parker	Cameron	13:00	Capsticks
Parkinson	Benjamin	12:40	Pheasant Chasers
Parkinson	Georgina	12:40	Pheasant Chasers
Parkinson	Laurence	12:40	Pheasant Chasers
Parkinson	Richard	12:40	Pheasant Chasers
Patmore	Gregory	12:40	Dirty and the Beast
Paul	Nick	13:00	Blue Ducks
Payne	Sanchez	12:40	Mind Body Recovery
Pearson	Emily	12:40	We move to eat
Pegram	Juliette	13:00	Fit Club York
Peters	Lauren	13:20	
Pheasey	Leah	12:40	Coach Danny Community
Phillips	Scott	12:40	Dirty PIDS
Piggott	Karen	12:40	Toteally Warrior
Piggott	Millie	12:40	Toteally Warrior
Pike	Hannah	12:40	
Pinder	Daniel	13:00	.
Pollard	Mark	12:40	Total Worriers
Powell	Jodi	13:20	
Powell	Jordan	12:40	Yorkshire pudding
powell	mel	13:20	
Power	Chelsea	13:20	
Powney	Kate	12:40	The Shannon's
Pozo	Pablo	13:00	Blue Beasts
Preece	James	12:40	James' Merry Men
Preece	Liam	12:40	James' Merry Men
Preece	Scott	12:40	James' Merry Men
Price	Mark	12:40	Storr Close
Price	Ollie	13:00	Jolly
Price	Samantha	12:40	Storr Close
Purcell	Luke	13:00	Fit Club York
Puzon	Lucy	13:00	AlphaMoms
Pygott	Callum	12:40	Coach Danny Community
Quinn	Mick	13:00	Blue Beasts
raha	sam	13:00	Asmath Stirrs
rawnsley	simon	13:00	War Dogs (Pure Pet Food)
Rayner	Oliver	13:00	Olam

Redfearn	Amy	12:40	Cozmmittee
Reid	Jonathan	13:20	
Resta	Juliano	12:40	DST
Restall	Olivia	13:20	HD Team
Richardson	Taylor	13:00	LAPT
Richardson	Victoria	13:00	Midlife Mudness
Robinson	Gem	13:00	Tequila Slammers
Robinson	Lee	13:00	Tequila Slammers
Rochna	Egija	13:00	Fit Club York
Rockett	Amy	13:00	Sunday sweat & regret
Romaniuk	Tom	12:40	Coach Danny Community
Romans	Candy	12:40	Coached by Swifty 6K
Rose	Alex	13:20	
Ruddock	Leanne	12:40	HPS - running on regret
Rush	Stefan	13:20	
Russell	Dan	13:00	War Dogs (Pure Pet Food)
Ryan	Cat	13:20	
Rzasa	Natalia	12:40	Dirty PIDS
Sanders	Faye	13:20	
Sanderson	Luke	13:20	
Sani	Mohaz	13:00	Blue Ducks
Sankey	Sean	12:40	method in the madness
Saunders	Jonathan	13:20	
Sayer	Rachel	13:20	
Scarlett	Nijah	12:40	method in the madness
Scholes	Emily	13:00	War Dogs (Pure Pet Food)
Scobie	Lauren	13:00	CHAOS QUEENS
Scott	Sam	13:00	Blue Beasts
Scott-Heald	Ashley	13:00	The Post Box Deli
Shale	Colle	12:40	Will Run 4 Snacks
Shannon	Finn	12:40	The Shannon's
Shannon	Mike	12:40	The Shannon's
Shannon	Nell	12:40	The Shannon's
Shaw	Alex	12:40	Dirty Leeds
Shaw	Christopher	13:00	Blue Beasts
Shaw	Nick	12:40	
Shelton-Heath	Kelsea	13:00	War Dogs (Pure Pet Food)
Sherratt	Jay	12:40	Dirty Leeds
Shinerton	James	13:20	
Shuttleworth	Alfie	12:40	The Barking Bandits
Simkova	Ivana	13:00	Blue Ducks
simpson	amanda	13:00	Blue Beasts
Simpson	Jodie	12:40	Cozmmittee
Simpson	Ross	13:00	Blue Ducks

Sinclair	Ashley	12:40	Teknique Titans
Sinclair	Jack	13:20	
Smallman	John	12:40	Coach Danny Community
Smith	Aj	13:00	Olam
Smith	Ashleigh	12:40	LCH
Smith	David	13:20	
Smith	Emily	12:40	Dirty PIDS
Smith	Ethan	13:20	
Smith	Leland	13:20	Ready to rumble
Smith	Mark	12:40	Teknique Titans
Smith	Tammy	12:40	Dirty PIDS
Smith	Thomas	13:20	
Southern	Poppy-May	13:20	
Spencer	Adrien	13:20	
Spencer	Daniel	13:20	
Spencer	James	13:20	
Spencer	Kieron	13:20	
Spencer	Sian	13:20	
Spensley	Rachel	13:00	Blue Beasts
Spry	Kieron	13:00	YDMTeam
Stanyer	Angela	13:20	
Stead	Karl	13:00	War Dogs (Pure Pet Food)
Steele	Kirsty	12:40	Coached by Swifty 6K
Steinerte	Inga	13:20	
Stephenson	Laura	12:40	method in the madness
Stevenson	Rebecca	12:40	Toteally Warrior
Stevenson	Scott	12:40	Toteally Warrior
Steward	Jamie	12:40	DST
Stirling-Stainsby	Corrie	12:40	Cozmmittee
Story	Lewis	13:20	
Stradling	Erica	13:20	
Summers	Niall	13:20	
Sumner	Jacqueline	12:40	
Sutcliffe	Mark	13:00	YDMTeam
Swift	Ashley	13:00	We run for snacks
Swift	Bethany	13:00	We run for snacks
Swift	Robert	13:00	BRIDGE6
swift	vicki	12:40	Coached by Swifty 6K
Sykes	Jess	12:40	Coach Danny Community
Szkudlarek	Blazej	13:20	
Szkudlarek	Konrad	13:20	
Szynkowska	Marta	12:40	DST
Tate	Nathan	12:40	St Georges Crypt Warriors
Tattersley	Liz	13:00	Vibe Tribe

Taylor	David	13:20	
Taylor	Jessica	12:40	HPS - running on regret
Taylor	Sam	12:40	Yorkshire pudding
Tennyson	Harry	13:20	
Thompson	Connaire	13:00	We thought it was a pub quiz.
thornton	kimberley	13:20	
Todd	Lindsey	12:40	Darlington Loco Ladies
Tordoff	Anne-Marie	13:00	Clever Accounts
Tordoff	Heath	12:40	Harvey Hellraisers
Townsley	Kyra	13:20	
Tozer	Emma	13:20	Coached by Swifty
Trowell	Catherine	13:00	The Post Box Deli
Turi	Stacey	12:40	Turi
Turner	Kate	12:40	
Turner	Megan	13:00	DLC 60
van Zyl	Denise	13:00	BRIDGE6
van Zyl	Enzo	13:00	BRIDGE6
Varley	Neil	12:40	
Vasey	Ryan	12:40	
Verroken	Annelies	12:40	Darlington Loco Ladies
Vincent	Cathy	13:20	
Wade	Charlotte	13:20	
Waghorn	Ruby	13:20	
Walsh	Michelle	13:20	
Ward	Matthew	13:00	Blue Ducks
Warner	Michelle	12:40	Will Run 4 Snacks
Warrener	Danielle	12:40	HPS - running on regret
Wass	Olivia	13:00	YDMTeam
Wass	Sean	13:20	
Waterhouse	Ben	13:20	
Waterhouse	Leah	13:20	
Watts	Trystan	13:00	Ulleskelf Vikings
Webster	Kit	13:00	War Dogs (Pure Pet Food)
Welch	Ellie	13:20	The goonies
Weldon	Shanice	13:20	The Cathletes
Wells	Rebecca	12:40	LA Formwork
Westen	Lea	13:00	Blue Beasts
Weston	Craig	13:00	Asmath Stirrs
Wethered	Henry	13:00	BRIDGE6
White	Lucy	12:40	Yorkshire Warriors
Whitehead	Tom	13:00	Blue Beasts
Whiteley	Fay	13:00	Vibe Tribe
Whittaker	Mollie	12:40	Yodas got this
Whittaker	Naomi	12:40	Yodas got this

Whittingham	Amelia	13:00	The Post Box Deli
Whittle	Annika	12:40	Team Haem
Whitwam	Georgia	13:00	Vibe Tribe
Whitworth	Sam	12:40	
Wiles	Andrew	13:20	
Wiles	Harry	13:20	
Wiles	Helen	13:20	
Wilkinson	Christopher	12:40	Team Wilko
Wilkinson	Craig	13:00	War Dogs (Pure Pet Food)
Wilkinson	Lucy	12:40	Team Wilko
Wilkinson	Sarah	12:40	HPS - running on regret
Willers	Cath	13:20	The Cathletes
Williams	Amber	13:00	Vibe Tribe
Williams	Angela	13:00	Fit Club York
Williams	Charlotte	13:00	Vibe Tribe
Williams	Emma	13:20	
Williams	Jenny	13:00	Middlesbrough FC Foundation
Williamson	Steven	12:40	Cozmmitee
Willms	Darci	13:00	Vibe Tribe
Wilson	Chloe	12:40	
Wilson	Joshua	12:40	Maccers
Wilson	Shaun	12:40	Maccers
Winchester	Claire	13:20	Totally got this
Wood	Ashleigh	12:40	Coach Danny Community
Wood	Jacob	12:40	Coach Danny Community
Woodward	Aiden	13:00	War Dogs (Pure Pet Food)
Woolgar	Dan	13:00	HuddsHellhounds
Woolgar	Heath	13:00	HuddsHellhounds
Woor	Colin	13:00	Woor
Woor	Josh	13:00	Woor
Worthington	Karen	13:00	Midlife Mudness
Wrest	Jade	13:00	Blue Beasts
Yorke	Oliver	13:20	The Cathletes
Young	Jack	13:00	Sunday sweat & regret
Young	Julie	13:00	Blue Beasts
Young	Stacey	12:40	Total Worriers
zajac	Szymon	13:00	Blue Ducks
Zbiec	Nadya	13:20	
	Adam	13:20	
	Alfie	13:20	
	Callum	13:00	YDMTeam
	Dan	13:00	YDMTeam
	Leigh	13:00	YDMTeam
	Matt	13:00	Blue Ducks