

JUNIOR WARRIOR

ACCEPT THE CHALLENGE...

JUNIOR WARRIOR EVENT GUIDE 2026

BRAMHAM PARK, LEEDS

24 - 28 JUNE 2026



EVENT VILLAGE

Who's there and what to expect.



COURSE MAP

Find out what awaits you.



SCHEDULE

Arrival & wave times

ESSENTIAL PARTICIPANT CHECKLIST

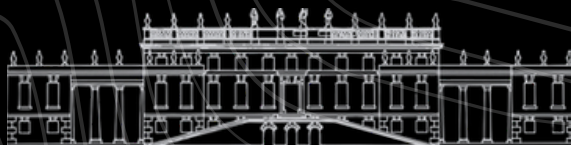


ALL PARTICIPANTS MUST CHECK THEIR FINAL ALLOCATED WAVE TIME - DETAILS ENCLOSED



ALL PARTICIPANTS MUST BRING EVENT TICKETS DISPLAYING QR CODES - SEE PAGE 3

2011



2026

BRAMHAM PARK, LEEDS



DIRECTIONS AND EVENT SCHEDULE

★ DIRECTIONS

Leave the A1(M) at junction 44 and follow the Total Warrior signs to guide you to the venue.

The postcode is LS23 6LT.

Please do NOT go to the main house entrance as these gate will be closed during the event weekend.

Strictly no parking on the roads leading up to and around Bramham Park. Cars parked on the road will be towed away.

★ PARKING

£7.50 per car or £13 per bus.

The main car park is located in the adjacent field to the Event Village. Car parking is £7.50 per car and £13 per bus. This year we'll be accepting contactless payment only. Please also try to car share where possible.

Spectators do not need to buy tickets to watch the event, but the same parking charges apply to spectators and competitors.

★ SATURDAY 27 JUNE

| TIME | EVENT |
|----------|---------------------|
| 8.00 AM | CAR PARKS OPEN |
| 8.30 AM | REGISTRATION OPENS |
| 9.45 AM | START AREA OPENS |
| 10.00 AM | FIRST JUNIORS START |
| 2.40 PM | LAST JUNIOR WAVE |
| 3.30 PM | LAST JUNIORS FINISH |



PLEASE READ ALL OF THIS AND PAY ATTENTION TO THE EXTRA IMPORTANT INFORMATION

★ SUNDAY 28 JUNE

| TIME | EVENT |
|----------|---------------------|
| 8.00 AM | CAR PARKS OPEN |
| 8.30 AM | REGISTRATION OPENS |
| 9.45 AM | START AREA OPENS |
| 10.00 AM | FIRST JUNIORS START |
| 2.30 PM | LAST JUNIOR WAVE |
| 3.30 PM | LAST JUNIORS FINISH |



PLEASE READ ALL OF THIS AND PAY ATTENTION TO THE EXTRA IMPORTANT INFORMATION





COURSE MAP AND OBSTACLE LIST

**JUNIOR
WARRIOR**
ACCEPT THE CHALLENGE...



WATER
OBSTACLE



MUD
OBSTACLE



HIGHLIGHT

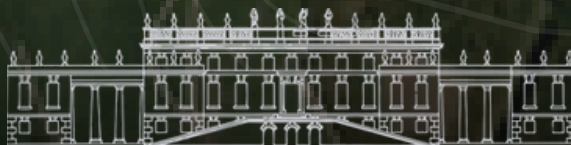
SPECTATOR
AREA

- 1. Leg It
- 2. Hop Fence 1
- 3. Spiders Web
- 4. Mud Moguls
- 5. Up and Over
- 6. Bog of Doom

- 7. Stream Crossing 1
- 8. Stream Crossing 2
- 9. Log Bog Jog
- 10. Muddy Mayhem
- 11. Warrior Crawl
- 12. Canopy Climb

- 13. Tunnel Tastic
- 14. Log it
- 15. Hang Tough
- 16. The Walls
- 17. Dunk Tank
- 18. Slip Slide
- 19. The Alps

2011



2026



DIRECTIONS AND EVENT SCHEDULE

★ EVENT TICKET

All participants received their ticket when they signed up to the event. If you can not find your ticket please login into your race space account. If unsure how to do this go to <https://help.race-space.com/en/> and type in 'find ticket' in the search bar for instructions. You must bring this to registration either electronically or as a hard copy.

Bringing a QR code to register? Please screen shot electronic QR codes before arrival as phone signal is very poor on site.

★ REGISTRATION

Please head for the registration marquee no sooner than one hour before your allocated start time. We advise people to register approximately 45 minutes before their wave.

★ WHAT TO WEAR

Please check the weather forecast prior to the event and come prepared accordingly. Typical trail/fell running footwear is strongly advised as there are many slippery areas around the course. For health and safety reasons, running spikes are not allowed on the course.

Please ensure any watches, Go Pro's and electrical devices are attached securely.

Also tie trainers very tightly as every year lots get lost in the mud, never to be seen again!

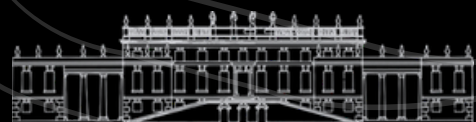
★ BIB

At registration on the day, you will be allocated your bib number. Your bib will have a tear-off to go on the Junior runner's wrist and a tear-off to go on the parent / guardian's wrist.



★ POST EVENT

It is likely, after completing the event, that you'll be cold and wet so a towel and warm change of clothes is recommended so you can enjoy your post race drinks and food.





EVENT INFORMATION

★ WAVE TIME

Final wave times have been allocated. They are available to view on the 'Event Weekend' page of the TW website. You **MUST** check the wave time you have been allocated as most waves times have moved slightly.

PLEASE NOTE YOUR WAVE TIMES ARE FINAL AND CANNOT BE CHANGED.

If members of the same team are assigned to a different start wave, the entire team is permitted to join the wave allocated to the Team Captain. Individuals and new teams who registered after **Friday 12th June** will not appear on the wave time links on the website. For anyone who registered after **Friday 12th June**, the start time you selected when registering is your official start time on the day.

If your name does not appear, please make sure you have registered your full details via your Race Space account.

★ FANCY DRESS

We love fancy dress and will have a prize for the best costume each day. Please consider what you are wearing and the obstacles you'll be taking on!

★ BAGS AND KEYS

There will be a key drop on site charged at **£3** per set of keys and there will also be limited space to leave small bags, which will be charged at **£3** per bag.

You can leave both your keys and bag for **£5**.

This year we will be accepting contactless payments or cash.

All keys and bags are left **100%** at the owners risk.

★ START

Competitors **MUST** be in the start area no later than **10** minutes before their race time for a course safety briefing.

This is mandatory for all competitors.





EVENT INFORMATION - THE COURSE

★ SAFETY WARNING

The course is designed to be difficult and the terrain is muddy, slippery and potentially dangerous. You will be wet and muddy after the first KM. If you do not feel comfortable completing any obstacles, **DO NOT ATTEMPT IT**. Speak to a marshal and they will allow you to continue to the next obstacle.

If you have any difficulties out on course (injury or illness) please make your way to the nearest marshal.

If you can't carry on, stand or sit by the side of the course and ask one of your fellow Warroors to report to the next marshal.

DO NOT ATTEMPT TO FIND A SHORT CUT BACK TO THE EVENT VILLAGE AS IT WILL BE MORE DIFFICULT TO LOCATE YOU.



★ WATER OBSTACLES

STRICTLY NO DIVING at any of the water obstacles. If you are not a strong swimmer, do not worry - you are allowed to go around water obstacles. Ask the nearest Marshal if you are unsure.

★ OUT ON COURSE

First Aid cover is provided across the course and in the Event Village by St John Ambulance.





EVENT INFORMATION - SPECTATORS



SPECTATORS ENTER FOR FREE!

Spectators do not need tickets and are welcome to come and watch! Spectators will be able to see the Start and Finish plus a number of obstacles within walking distance of the Event Village. Spectators can soak in the atmosphere, grab a bite, enjoy the sights and sounds of the event village whilst having a drink. **PLEASE NOTE:** Car park charges (detailed earlier) still apply to spectators.



FREE ENTRY IN TO THE EVENT (car park charges apply)

- ★ A real festival vibe!
- ★ Live music
- ★ Beer tent (for mums and dads 18+)
- ★ World class food stalls
- ★ Observation points at key obstacles
- ★ Seating areas in the event village





EVENT VILLAGE - WHAT TO EXPECT

★ CATERING

They'll be serving up delicious food and drinks including Greek food, vegan options, baked potatoes, pancakes, fresh pizzas, a hot carvery with burgers & chips plus coffee and ice cream. Please make sure you wash your hands after coming off course.



★ LOST PROPERTY

Any items found during the event should be handed in to the volunteer tent. This is your first point of call if you have lost items during the day. Items that remain unclaimed after event day will be taken back to the Total Warrior premises. If unclaimed after one month, items will be donated to charity.

★ MUMS AND DADS

The bar (18+) will be open from 10am and music will be playing all day Saturday & Sunday. There is a great vibe around the Event Village so it's well worth hanging around to swap stories over a few drinks. The bar on site ends at 8pm on Saturday and 5pm on Sunday. However, swap your muddy shorts for some jeans and take your headband down into central Leeds, where the party continues with special food and drink deals for Warriors at multiple venues.

★ CONTACTLESS

To streamline all aspects of the event, we're prioritising contactless payments across the site (the car park will be contactless only).

All facilities - car parking, key drop, caterers, merchandise - will have the capacity to take payments via contactless. Please ensure you bring a card/device suitable for contactless payments.





MERCHANDISE

NEW RANGE ALERT

NEW RANGE ALERT! We've got some cracking kit available to buy both on our website and in the event village through out the weekend. Card payments are available in our merchandise tent.





EVENT DAY PHOTOS

★ Muddy Memories Worth Remembering

Our professional photography partners Your Photo Finish are out on course capturing the wildest, muddiest, most unforgettable moments of your Total Warrior experience—from icy plunges and mud bath mayhem to leaps of faith and water slides.

Early Access Plus Save 10%

Sign up below and you'll be emailed the moment your gallery goes live so you don't need to keep checking and are far less likely to miss the limited-time 10% early bird discount.

Don't forget to round up your crew, strike a pose, and celebrate your day with a Free Finishers Photo in front of the iconic Finishers Board — professionally taken and delivered to you at no cost.

Click and sign up below to save and be notified when your gallery is live:



[Saturday Photos](#)



[Sunday Photos](#)





VOLUNTEER FOR 2027!

- ★ **BAG YOURSELF A FREE PLACE! (16+)**
- ★ **Be a part of our wonderful Volunteer Team**
- ★ **Free entry to future event/day**
- ★ **Free VIP parking**
- ★ **Free T-shirt**
- ★ **A free beer (over 18s only)**
- ★ **Total Warrior headband**
- ★ **Refreshments and packed lunch**
- ★ **Full event safety briefing**





**TOTAL
WARRIOR**
ACCEPT THE CHALLENGE...

16 YEARS OF WARRIOR THE CHALLENGE CONTINUES

BRAMHAM PARK, LEEDS | 26 - 27 JUNE 2027

40% OFF ALL EVENTS OFFER ENDS MIDNIGHT 1ST JULY

**JUNIOR
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3KM | 6KM

**TOTAL
WARRIOR**
ACCEPT THE CHALLENGE...

6KM/ 12KM

**ULTRA
WARRIOR**
ACCEPT THE CHALLENGE...

MULTI LAP